

## What is Nitrous Oxide?

Nitrous Oxide is a very quick-acting inhaled sedation medicine that promotes relaxation by decreasing discomfort and anxiety. It is also known as LAUGHING GAS and is often given at pediatric dentist offices. As with all medications, there are benefits, side effects, and risks. Be sure to discuss any questions with the doctor.

## How is it given?

Nitrous Oxide is delivered through a nose mask. The nosepiece will be introduced to the child. He/she will inhale the gas through the mask, breathing in and out normally through the nosepiece. Nitrous Oxide makes your child feel more relaxed. It is given throughout the whole procedure and the child is constantly monitored by the dentist. With treatment completion, 100% oxygen is given for a few minutes allowing gas effects to wear off. If your child is a mouth breather or is nasally congested, Nitrous Oxide cannot be administered. The effect of the gas can be discontinued at any time based on the child's response.

## What are the side effects?

| Nitrous Oxide is safe for use in children and there are no long-term side effects. Some of the side-effects that may be experienced are: headache, nausea, and/or vomiting.   |
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| The Use of Nitrous Oxide has been fully explained, including all risks involvedInitia   |
| I have informed the dentist of my child's complete medical history including any recent surgeries or changes in medical conditions involving the respiratory system (e.g. common cold) and ear infections. I also understand that I must inform the dentist of my child's present mental and physical conditions. |
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| I have had the opportunity to discuss the use of Nitrous Oxide in conjunction with my child's dental care and have had the opportunity to ask questions, and I am fully satisfied with the answers I received.  |
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